

Hi Gordy,

Frankly, I don't think Server Sadik is going to find that his paper or theory will make huge waves in the world of fly fishing, casting techniques or especially teaching methods. There is a "stop" in every casting cycle, regardless who is casting or what his intention is. Sometimes the rod is unloading just prior to it, sometimes much earlier. The "when" usually depends on the caster's intent (in the case of a good caster who did not screw up.)

I normally scan the text of articles like this before I wade through all the graphs and charts in an effort to determine what they are supposed to support. And when I read paragraphs like the one below – I generally start losing interest.

“For myself, I find it necessary to remind myself not to wave on the back cast, to maintain the poised wrist, stiffen my muscles, and rotate the wrist. If I don't remind myself I slip back into waving. **Being honest, for all but long casts it doesn't really matter.** When you watch a large population of casters you'll see many with very wide loops on the back cast and much tighter loops on their forward cast. **If the caster waves on the forward cast then much improvement is achieved by conquering this limitation – for the back cast it's not nearly as important.**”

When I read supportive “evidence” such as that below, I feel that I am being conned when there is no mention of the caster's intent.

“I have a video of Lefty Krey where it looks like he starts his forward cast while the end of the line traveling back is just above his head.”

Cheers,  
Jim